

The Combined Vision:

The MPVA and RIM have combined their expertise to better the quality of lives of individuals living with a disability through the Peer Support Services program. The program works through in-patient and out-patient settings in order to provide support to those who may be recovering or living with a disability. In-patient visits take place at DMC Rehabilitation Institute of Michigan which is one of the nation's largest hospitals specializing in rehabilitation medicine and research. Peer Mentors also continue support services via out-patient settings at a mentee's home, out in the community, over the phone, or even at the MPVA's completely accessible facility.

The Peer Support Service program is funded through the Michigan Paralyzed Veterans of America, a nonprofit, 501(c) 3 organization. Donations made in support of the Peer Support Services program can be made tax-deductible.



Michigan Paralyzed Veterans of America (MPVA) Mission:

The mission of the MPVA is to enhance the lives of veterans with spinal-cord injury or disease, as well as all citizens with disabilities, by advocating for civil rights, assuring quality health care, supporting continued research and education, and encouraging independence and healthy living through various health, sports and recreational programs. MPVA shall continue striving to remain at the forefront of both veterans' benefits services and disability rights, while working toward a better quality of life for all American citizens.

DMC

Rehabilitation Institute of Michigan

DMC Rehabilitation Institute of Michigan (RIM) Mission:

DMC Rehabilitation Institute of Michigan is one of the nation's largest hospitals specializing in rehabilitation medicine and research. RIM is known for its clinical expertise in spinal cord injury, brain injury, stroke, complex trauma and orthopedics and catastrophic injury care. The Institute is home to many innovative programs including the Center for Spinal Cord Injury Recovery, a world-class facility designed to implement and study innovative treatments in spinal cord injury recovery.

PEER SUPPORT SERVICES

Michigan Paralyzed Veterans of America

In collaboration with:

DMC
Rehabilitation
Institute of
Michigan



313•745•5765

EMPOWERING
people with
disabilities



DMC
Rehabilitation Institute
of Michigan



Peer Support Services Mission:

The Michigan Paralyzed Veterans of America (MPVA) is pleased to collaborate with DMC Rehabilitation Institute of Michigan (RIM) to provide a peer mentoring program which strives to offer increased independence, encouragement, and empowerment to individuals who are recovering or living with a disability.



How it works:

Trained Peer Mentor volunteers work with individuals to provide coping strategies, share information and awareness about the disability community and culture. The peer mentor helps to promote personal growth by sharing their own experiences and explaining how they have coped with the “ups and downs” of living with a disability.

Key Topics Mentors Address:

- Disability Awareness
- Advocacy
- Stress Management
- Communication Skills
- Personal Growth
- Self-Determination
- Peer Mentorship
- Independent Living
- Employment Skills
- Community Resources

How to Contact the Peer Mentors:

You can reach the Peer Support Service Line at: **(313) 745-5765**. This line is checked on a weekly basis by the Peer Mentoring team. However, if you need immediate assistance, you can always contact the Michigan Paralyzed Veterans of America at: **(800) 638-MPVA (6782)**, Monday-Friday, 8:30 AM-4:30 PM. You can also visit: www.michiganpva.org for more information.

Help Empower MPVA's Peer Support Services Program!

Make a difference:

- I would like to become a Peer Mentor
- I would like more information
- I would like to donate

Where can I find out more about making a contribution?

Please contact the MPVA about any questions you may have at: (800) 638-MPVA or visit: www.michiganpva.org.

I would like to make a contribution today! Enclosed is my gift of \$_____ to further MPVA's Peer Support Services mission.

Name _____

Address _____

City _____

State _____ Zip _____

Telephone _____

Email _____

Paying By: MC VISA DC AMEX

Credit Card # _____

Expiration Date _____

Signature _____

Please make checks payable to:

Michigan Paralyzed Veterans of America
40550 Grand River Avenue
Novi, MI 48375
Fax: 248-476-9545

Please write "Peer Support Services" in the check memo.